



Marilyn and Marvin Simon Family Jewish Community Center
5000 Corporate Woods Drive Suite 100 Virginia Beach VA 23462
(757-321-2338 (757) 489-4427, fax

Physician's Approval Form

_____ has medical approval to participate in fitness programs and in the use of exercise at various sites, including home or office that may be provided by and or recommended by Simon Family Jewish Community Center.

The following restrictions apply (if none, so state): _____

Physician's Signature

Physician's Name

Street Address

City

State

Zip

Phone

Date